# BREAKFAST

#### Ends at 11A.M.

#### A.M. BURRITO -\$8.25

2 Eggs Scrambled, Breakfast Potatoes with Choice of Protein, Veggies, and Cheese. Wrapped in a Flour Tortilla, served with a side of Pico de Gallo.

#### **Options**

Protein: Bacon, Ham, or Sausage Veggies: Mushroom, Bell Pepper, Onion, Tomato Cheese: Cheddar, Swiss, Provolone, Feta or Pepper Jack

### RISE N' SHINE SANDWICH -\$8.25

Choice of Egg, Protein, and Bread, with Lettuce and Tomato. **Options** 

Egg: Fried, Scrambled or Egg Whites Protein: Bacon, Ham or Sausage Cheese: Cheddar, Swiss, Provolone, or Pepper Jack Bread: White, 6 Grain Whole Wheat, Squaw, Sourdough, or Croissant

### AVOCADO TOAST -\$8.95

Choice of Bread, Spread with Roasted Beet Hummus, topped with Avocado, Sesame Seeds, and Avocado Oil. Add Egg for \$1.50 /Add Protein for \$2.50

### BYO OMELETTE -\$9.75

Choice of Protein, Cheese and Veggies. Served with Breakfast Potatoes and a choice of Fruit or Toast.

#### **Options**

Protein: Bacon, Ham, or SausageVeggies: Mushroom, Bell Pepper, Onion, TomatoCheese: Cheddar, Swiss, Provolone, Feta or Pepper JackBread: White, 6 Grain Whole Wheat, Squaw, or Sourdough

**EGGS-QUISITE** -\$8.50 2 Eggs, Breakfast Potatoes, Choice of Protein and Choice of Toast or Fruit.

BREAKFAST SIDES Bacon, Ham or Sausage-\$3.00 2 Eggs- \$3.95

Toast- \$3.00 Breakfast Potatoes- \$2.50

Avocado- \$2.75 Fruit- \$1.50 1 Egg- \$2.25

# **ENTREES**

#### **BOWTIE PASTA** -\$9.95

Bowtie Pasta Tossed in a Sundried Tomato Cream Sauce with Mushrooms & Grilled Chicken. Topped with Parmesan & Green Onions. Served with a Roll & Butter.

### **GOURMET MAC & CHEESE** -\$9.95

Classic Cheddar Mac & Cheese with your choice of 1 Protein, 1 Veggie and 1 Additional Cheese. Topped with Bread Crumbs.

### **Options**

**Protein:** Bacon, Fried Chicken, Buffalo Chicken, or BBQ Pulled Pork **Veggies:** Green Onions, Fried Onions, Grilled Onions, or Sautéed Mushrooms

Cheese: Cheddar, Parmesan or Bleu Cheese Crumbles

### CHICKEN ALFREDO PASTA - \$14.50

Served with Garlic Bread and a side of Caesar Salad.

### LEMON CHICKEN - \$14.00

Served with Sautéed Vegetables, Roll with Butter, and your choice of Angel Hair Pasta or Mashed Potatoes.

# **SALADS**

Add Protein for Additional Charge: Boiled Chicken -\$2.00 Grilled Chicken -\$2.50 Carnitas -\$2.50

### **CHINESE CHICKEN**

NO MEAT SM \$4.00- LG \$6.00 BOILED SM \$6.95- LG \$8.75 GRILLED SM \$7.50- LG \$9.75 Mix of Red Leaf, Romaine and Iceberg, tossed with Wontons, Sliced Almonds, Green Onions and Choice of Chicken in our Signature Chinese Dressing.

### MEXICAN -\$9.00

Mix of Red Leaf, Romaine and Iceberg, tossed with Black Olives, Black Beans, Roasted Corn, Pico de Gallo, Tortilla Strips and Cotija Cheese in a Creamy Cilantro Dressing, topped with Avocado.

### THAI CHICKEN CRUNCH -\$10.00

Red Leaf, Romaine and Iceberg, with Grilled Chicken, Napa Cabbage, Cucumbers, Carrots, Green Onions, Fresh Cilantro, Wontons, Peanuts and Bell Peppers in a Thai Peanut Dressing.

### CALI BLEU -\$8.00

Mixed Field Greens tossed with Dried Cranberries, Bleu Cheese and Caramelized Pecans in a Raspberry Vinaigrette.

# FRIED CHICKEN -\$10.00

Mix of Romaine and Red Leaf, tossed with Roasted Corn, Tomatoes, and Bacon in Ranch Dressing. Topped with Fried Chicken and Avocado.

# **<u>GREEK</u> -\$8.50**

Mix of Romaine and Red Leaf, tossed with Kalamata Olives, Feta Cheese, Cucumbers, Red Onions and Tomatoes, in Italian Vinaigrette.

# VEGGIE CHOP -\$8.00

Mix of Field Greens tossed with Carrots, Celery, Cucumbers, Tomatoes, and Bell Peppers with your Choice of Dressing.

### <u>CHEF</u> -\$8.50

Mix of Red Leaf, Romaine and Iceberg, with Turkey, Ham, Tomatoes, Cheddar, Swiss and a Sliced Boiled Egg tossed in Ranch Dressing.

### CAESAR -\$7.50

Mix of Red Leaf and Romaine, tossed with Croutons, Parmesan Cheese and Caesar Dressing.

### BYO SALAD -\$10.25

Choice of 2 Lettuce Options, 1 Protein, 1 Cheese, 1 Topping, 1 Nut, 4 Veggies, and a Dressing of your Choice.

### **Options:**

**Lettuce**- Field Greens, Iceberg, and Red Leaf/Romaine Mix **Topping**- Croutons, Wontons, Tortilla Strips, Dried Cranberries, Mandarin Oranges

**Protein**- Grilled Chicken, Boiled Chicken, Chicken Salad, Tuna Salad, Boiled Egg, Bacon, Carnitas, BBQ Pulled Pork, or Fried Chicken **Nuts**- Peanuts, Almonds, Caramelized Pecans

**Veggies-** Cucumbers, Tomatoes, Red Onions, Celery, Cilantro, Napa Cabbage, Green Onions, Black Olives, Black Beans, Pepperoncini, Mushrooms, Carrots, and Pico de Gallo

### Add Avocado for \$2.75

**Dressing-** Chinese, Thai Peanut, Ranch, Italian Vinaigrette, Raspberry Vinaigrette, Creamy Cilantro, Caesar

Cheese- Cheddar, Feta, Cotija, Parmesan, Bleu Cheese

# SANDWICHES

Comes with Choice of Fresh Fruit or Deli Salad. \*Half Sandwiches not available on Rolls or Croissants \*Add Avocado for \$2.75

# <u>B.L.T.</u>

Half- \$5.25Whole- \$8.25Bacon, Red Leaf Lettuce, Tomato and Mayo on Choice of Bread.

## <u>CLUB</u>

#### Half- \$6.25 Whole- \$9.25

Ham, Turkey, Bacon, Red Leaf Lettuce, Tomato, and Mayo on Choice of Bread.

### VEGGIE

#### Half- \$5.50 Whole- \$7.98

Avocado, Red Leaf Lettuce, Cucumbers, Carrots, Roasted Beet Hummus, Tomatoes, Choice of Cheese, and Choice of Bread.

### ITALIAN -\$8.95

Capicola, Mortadella, Salami, Ham, Provolone, Pepperoncinis, Red Leaf Lettuce, Tomato, Italian Vinaigrette, served on a Roll.

### **SOUTHERN COMFORT** -\$9.25

Mac & Cheese topped with BBQ Pulled Pork and Fried Onions on toasted Sourdough Bread.

### TARZANA -\$9.25

Roasted Turkey, topped with Apple Wood Smoked Bacon, Swiss Cheese & Avocado Ranch, Panini Pressed on 6 Grain Whole Wheat Bread.

### FRENCH DIP -\$8.98

Thinly Sliced Roast Beef, topped with Grilled Onions and Horseradish on a Grilled Roll.

### ALBACORE TUNA MELT -\$9.50

**Classic:** Grilled Tuna Salad topped with melted Cheddar Cheese on toasted White Bread. **Santa Fe:** Grilled Tuna Salad topped with melted Pepper Jack Cheese & Chipotle Aioli on toasted White Bread.

### **ORTEGA TURKEY PANINI** -\$8.50

Roasted Turkey topped with a Grilled Ortega Chili, Pepper Jack Cheese and Chipotle Aioli, Panini Pressed on Sourdough Bread.

### FUNKY CHICKEN -\$8.25

Grilled Chicken Salad, topped with melted Cheddar Cheese on toasted Squaw Bread.

### FRIED CHICKEN SANDWICH -\$8.95

Fried Chicken tossed in your Choice of BBQ, Ranch or Buffalo. Topped with Fried Onions, Coleslaw and Tomato, served on a Milk Bun.

### CAPRESE PANINI MELT -\$8.25

Mozzarella, Roasted Tomatoes, Basil Pesto and Balsamic Reduction on a Panini Pressed Roll.

### **BYO SANDWICH**

Half- \$5.50Whole- \$8.95Choice of 1 Protein, 4 Veggies, 1 Cheese, Condiments andBread. Extra Options available for Additional Charge.

### Option:

**Protein:** Turkey, Grilled Chicken, Chicken Salad, Tuna Salad, Egg Salad, Bacon, Carnitas, BBQ Pulled Pork, Fried Chicken, Ham, Roast Beef, Salami, Capicola, or Mortadella

**Veggies:** Red Leaf Lettuce, Tomato, Field Greens, Cucumbers, Red Onions, Bell Peppers, Cilantro, Black Olives, Mushrooms, & Pepperoncinis

**Cheese:** Cheddar, Swiss, Provolone, Pepper Jack

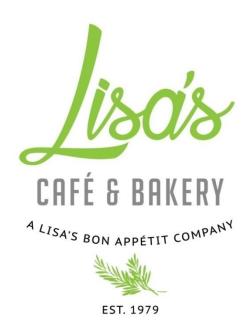
**Bread:** Roll, Croissant, White, Sourdough, Squaw, Flour Tortilla, 6 Grain Whole Wheat

**Condiments:** Mayo, Garlic Aioli, Chipotle Aioli, Yellow Mustard, Dijon Mustard, Spicy Mustard, Pesto, Ranch, Avocado Ranch, BBQ, Buffalo

# SOUP DU JOUR SM- \$4.95 LG- \$6.95 QUART- \$13.75

# **KIDS MENU**

Includes Fresh Fruit. Fruits May Vary. GRILLED CHEESE SANDWICH- \$5.25 CHEESE QUESADILLA- \$5.00 MAC & CHEESE- \$5.95 POPCORN CHICKEN TENDERS- \$6.00



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> Open Monday-Friday 9:00am-6pm Saturday- 9:00am-3:00pm

> > \*Menu Subject to Change

